

Training services

Insights into Autism

2025



Helping organisations create
a truly inclusive environment
for autistic individuals

Talkback

DEVELOPING A WORLD OF POSSIBILITIES

Welcome

Thank you for engaging with us and trying to see the world through the eyes of the autistic person. We always say if you have met one person with autism, then you have met one person with autism.

Because of the diagnosis it does not mean that the person is any less unique than the rest of us. All it means is we need to adapt certain approaches which will allow the person to be successful in all aspects of life. Be it education through to employment, or relationships and living life to the full.

The only way we can see the world through someone else's eyes is to engage in training like this. Where we help you understand the context and then hear from someone with lived experience.

You will not regret it and our team love to help you answer any questions you have. The only ism not taught in schools is autism, which means that there are many misunderstandings in society.. We are determined to put that right. This is one small step on the way.



Jeremy Hay
CEO

Talkback

Insights into Autism

At Talkback, we are passionate about providing opportunities for autistic individuals and people with a learning disability. Our goal is to support and empower individuals to experience personal growth, contribute to their local community, and live fulfilling lives.

But our work extends well beyond this. We know that until we can help change society at large, we won't have done enough.

Autism is a difference which affects how people process information and relate to others. This needs more recognition and acceptance, to allow autistic people to be included in the community. Autistic people navigate the world differently, so it is important for us to create a bridge of understanding, to benefit everyone.



Our **Insights into Autism Training** has been designed to do just that. We use trainers with lived experience of autism who provide useful insights and answer any questions that cause misunderstanding. Their training supports you to avoid unintentional barriers to autistic people accessing your work place.

If you'd like to make sure your organisation is both forward-thinking and truly diverse, then **Insights into Autism** can help you do just that.

Our process

Step 1

Before the training we meet with you in order to obtain a better idea about the roles of people within your organisation and prior experience with autism. We also want to know what you are looking to achieve from the training. This allows us to tailor the training to your needs.

Step 2

We work with you to decide how the training should be delivered, so that it suits you. We're flexible and can deliver 45-minute weekly sessions or one, 3-hour course. This can also be virtual or in person.

Step 3

Armed with that knowledge, we go away and build your bespoke training package.

Step 4

We deliver your autism training.

Step 5

We don't just carry out the training and leave you to it. We provide a useful resource pack for all attendees as well as CPD certificates and a named contact for follow-up questions.

How it works

On the day

We employ an outcome focused approach which aims to develop communication skills specific for relating to autistic individuals. We provide a safe space for you to ask the difficult questions and find solutions for any concerns you may have.

We use anecdotes, practical group exercises and discussion topics to enhance your learning and understanding. Whilst no two training experiences are the same, as well as the important topic of what autism is and what it is like to be autistic, you can expect the training to cover things such as:

- Communication
- Repetitive behaviour
- Sensory experiences
- Personal perspectives
- Mental health and autism
- Cognitive theories



After the day

You'll leave the training armed with specific knowledge that will help your organisation create a truly inclusive environment for autistic individuals. And we'll always be here for you. You'll have a named contact that you can check in with and ask any questions that arise.

Don't just take our word for it



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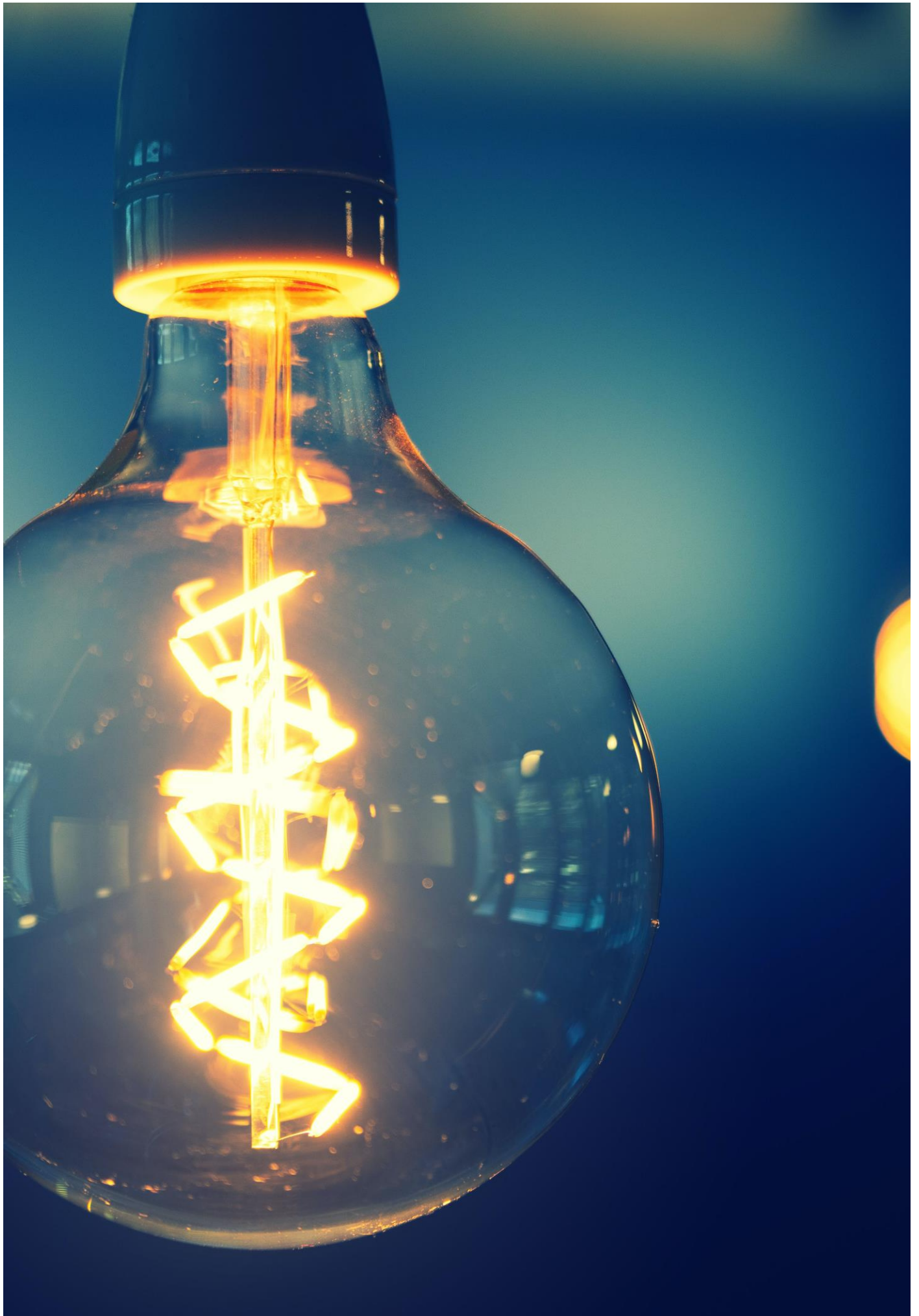
The training was interactive and engaging, the trainers encouraged questions and comments. Despite the quantity of information delivered in a short space of time, it all sunk in and will be invaluable going forward .

Thames Valley Police

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Though I felt the whole session was really informative, the section when Nicola gave her lived experiences was really insightful and thought provoking.

Fairhive Homes



Talkback

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If you would like to join us in leading the way to a more accessible and diverse future, then contact us to get your **Insights into Autism** training scheduled.

Contact us

 01 494 434448

 talkback-uk.com

 nicola.martin@talkback-uk.com
talkback@talkback-uk.com

 Amersham Community Centre
Chiltern Avenue, Amersham, Bucks HP6 5AH

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